

## **Steps to Mentor At-Risk Youth**

**Step 1.** Designate a parish contact person

**Step 2.** Get Mentoring Training

\*The National Council of Catholic Women, *Mentoring: Women Embracing Women*, located under the Leadership Commission Resources at [nccw.org](http://nccw.org). Please note this program can be used for all age groups

\*Leadership Training Development Mentoring Training program for more information: [nccwldtcontact@gmail.com](mailto:nccwldtcontact@gmail.com)

\*Your Diocese and local/regional agencies may have specific required training. Check directly with them.

**Step 3.** Contact your Safe Environment Coordinator (the required child safety program in your area)  
You can find your Safe Environment Coordinator for your diocese on the USSCB Safe Environment site on [USCCB.org](http://USCCB.org)

**Step 4.** Take the Safe Environment Training

**Step 5.** Identify young people who may need a mentor by consulting the following:

\*Your parish priest

\* Your Religious Educating Coordinator

\*Your School Resource Officer (may be called something else)

\*School counselor

\* Youth Group Leaders

**Step 6.** Ask to meet your potential mentee in an appropriate location that complies with your Safe Environment training

**Step 7.** Build a rapport with your mentee. This is a long term relationship that you are building. Be patient. Never give up!

***With God's blessings and your perseverance and dedication you can change the life of a loved child of God.***

### **Resources:**

USCCB

[USCCB.org](http://USCCB.org)

National Council of Catholic Women

[NCCW.org](http://NCCW.org)

US Catholic Sisters Against Human Trafficking

[sistersagainstrafficking.org](http://sistersagainstrafficking.org)

Catholic Charities

[catholiccharitiesusa.org](http://catholiccharitiesusa.org)

### **National Mentoring Organizations**

Big Brothers/Big Sisters

Boys and Girls Clubs

Submitted by: 2018 NCCW Leadership Commission, Bev McCarvel-Chair