

THE JOYFUL MYSTERIES

This Rosary Meditation is presented for your prayerful use by a committee of the 2020 Spirituality Commission of the National Council of Catholic Women. This meditation was presented on the January 13, 2020 Rosary Call.

Caring for Creation

The Annunciation: And the angel said to Mary, “The Holy Spirit will come upon you, and the power of the Most High will overshadow you...for nothing will be impossible for God.” [Luke 1:35] Mary said: “Behold, I am the handmaid of the Lord. May it be done to me according to your word.” [Luke 1:38] May Mary’s consent give us the courage to say yes to God’s will and to see the joy in all of God’s creations. May our words, thoughts, and actions reflect the love of God in our daily living.

One Our Father - Ten Hail Mary's - Glory Be -Fatima Prayer

The Visitation: Mary gave us her Magnificat when she visited her cousin Elizabeth. “And Mary said: My soul proclaims the greatness of the Lord; my spirit rejoices in God my savior.” [Luke 1:46, 47] In that one visit, Mary shows us faith, hope, and charity. May the spirit of the Lord dwell in each of us and shine through us with love, compassion, dignity, and respect for all of God’s creations and may we answer God’s call to care for his creations selflessly, regardless of the challenges we may face.

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The Nativity: Through Mary and with Joseph’s protection, our Savior was born. Like a newborn infant, life is a precious gift from God that needs to be handled with great care. God knows taking care of this precious gift is not an easy task. That is why Christ was born. Jesus is the Way, the Truth, and the Life that can change hearts for the better and give us peace on earth.

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Presentation of Jesus in the Temple: Mary and Joseph brought baby Jesus to Jerusalem to present Him to the Lord just as it is written in the law of the Lord. Simeon who had been waiting for the coming of the Messiah, rejoiced as he embraced baby Jesus. He also prophesized about the sorrows Mary would experience, preparing Our Lady for that fateful moment at her Son’s cross. May we always follow God’s will and be sanctified in Christ-given dignity by sharing God’s love and compassion for the well-being of all creation.

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Finding Jesus in the Temple: Imagine Mary and Joseph’s joy at finding Jesus among the elders in the temple after searching for Him for three days. Losing young Jesus was not Mary’s first trial and not her last. Even when faced with anxiety and adversity, the love of God illuminated Mary’s soul and drove away any shadow of doubt from her home. When faced with our own trials, may our hearts never harden and may our lives be transformed with the joy and love of God.

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