



**MARCH 4-AUG 5, 2021**

# WALK TO CONVENTION

Let's walk 101 miles to honor our past and celebrate our future. You can walk or do a prayer walk, your choice. Donate or gather pledges for every mile walked to support the National Council of Catholic Women. Individuals and teams of five are welcome! Everyone who registers will receive a prize! Register online at [www.nccw.org](http://www.nccw.org). Let's WALK!

**WALK OR PRAY  
101 MILES**

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**RAISE FUNDS  
THROUGH  
DONATIONS AND  
PLEDGES FOR EACH  
MILE WALKED**

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**WIN PRIZES!**

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**INDIVIDUALS OR  
TEAMS!**

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**INDIVIDUAL  
REGISTRATION: \$25  
TWO-FIVE PERSON  
TEAM  
REGISTRATION: \$110**

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**NATIONAL COUNCIL OF  
CATHOLIC WOMEN**

10335 Democracy Lane  
Unit 201

Fairfax, VA 22030  
(703) 224-0990

[www.nccw.org](http://www.nccw.org)

## The National Council of Catholic Women's Walk to Convention FAQ's

### 1. Who is eligible to participate in the virtual Walk to Convention

Everyone! We encourage our NCCW members to participate and to invite their family, friends, and neighbors to join in the fun. All are welcome!

### 2. What does it cost?

Individual registration is \$25 and a team of two - five is \$110

### 3. What do I get for my registration?

You get the joy of supporting The National Council of Catholic Women with your family, friends, and neighbors. All registered walkers will receive a Walk key chain. And all walkers will be recognized at the 2021 NCCW National Convention's Walk to Convention Finish Line.

### 4. Are there any prizes?

Yes! The individual and the team that raises the most funds will win a NCCW Swag Bag. And will be recognized at the 2021 NCCW National Convention. Funds raised need to be submitted to the office at the end of the walk but no later than August 15, 2021.

### 5. How do we register?

Registration is easy! Register at NCCW.org. Due to COVID-19 restrictions, registration is only available online.

### 6. When is the National Council of Catholic Women's Walk to Convention?

The walk begins on March 4, 2021 and ends on August 5, 2021. Registration begins on February 1, 2021.

### 7. What about weather?

If the weather turns, you can Pray for Convention. You can switch between walking and praying any time depending on your situation.

### 8. I am unable to walk. What about me? Can I still participate?

Absolutely! You can Pray for Convention. As Catholic women, we understand that prayer is powerful, so we have included this option for those who wish to support NCCW through prayer.

### 9. What is Pray for Convention?

Pray for Convention is an alternative to Walking to Convention. Rather than walking miles, you earn 'miles' for prayers and deeds. Below are your options:

- ✓ Pray the Rosary=1 mile
- ✓ St. Therèse Good Deed Beads= 1 mile (1/10 a mile per bead). St. Therèse, the Little Flower, as a child, used a small string of 10 beads in her pocket to help her count the gifts she did to offer to God. Good Deed Beads are a string of ten beads and are used to count the acts of love or sacrifices a person makes in a day for God.
- ✓ Pray a Novena (a few are listed below) = 9 miles
  - The Divine Mercy Novena
  - The Novena of the Holy Spirit
  - Our Lady of Good Council Novena
  - The St. Anne Novena
  - The St. Catherine Laboure Novena
  - The St. Joseph Novena
- ✓ One hour of Adoration=10 miles
- ✓ Praying the NCCW 100<sup>th</sup> Anniversary Prayer=1 mile

### 10. Who should I contact if I have questions?

If you have questions, please contact Tracy Janis at [1Thess517@cableone.net](mailto:1Thess517@cableone.net)

# Walk to Convention 2020

## Participants Log



Participant Name \_\_\_\_\_

Or

Team Name \_\_\_\_\_

Team Member \_\_\_\_\_

Team Member \_\_\_\_\_

Team Member \_\_\_\_\_

Team Member \_\_\_\_\_

Team Member \_\_\_\_\_

Date	Activity	Miles earned
	<b>TOTAL</b>	

Total Funds raised	
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WALK TO CONVENTION  
PLEDGE/DONATION FORM

Sponsor Name	Phone Number	Pledge per mile	(or) Flat Donation	Total Amount
			Total due to NCCW	

Please mail pledges and donations by **August 15, 2021** to:  
**National Council of Catholic Women**  
**Attn: Walk to Convention**  
**10335 Democracy Lane, Unit 201**  
**Fairfax, VA 22030**