

NCCW Rosary Meditations
Tuesday, April 13, 2021
Sorrowful Mysteries

Opening Prayer:

The inner peace you provide, Almighty Lord, is unruffled and fearless, resting on a firm foundation of faith in you. It's a gift you left to your followers-including me-based on conditions of health and wealth and situation. Your peace is rock solid in every circumstance, good or bad. Please hold me in that gift of peace today and always. Amen

First Sorrowful Mystery
Agony in the Garden

He then left to make His way as usual to the Mount of Olives, with the disciples following. When they reached the place He said to them, "Pray not to be put to the test." Then He withdrew from them, about a stone's throw away, and knelt down and prayed, "Father," He said, "if you are willing, take this cup away from me. Nevertheless, let Your will be done, not mine" [Luke 22:39-44].

God of peace, your voice is powerful and full of majesty, but my heart is fragile right now. Speak to me in the glory of gentle strength. Speak to me, and bring to my heart your peace.

One Our Father
Ten Hail Mary's
Glory Be
Fatima Prayer

Second Sorrowful Mystery
The Scourging of Jesus

At festival time Pilate used to release a prisoner for them, anyone they asked for. A man named Barabbas was in prison and had committed murder and when Pilate asked, "Do you want me to release for you the King of the Jews?" They shouted back, "Crucify Him!" So Pilate released Barabbas for them and having Jesus to be scourged, handed Him over to be crucified. [Matthew 27: 15-26]

God, my ever-present help, I call on you. My world seems to be falling apart and I can no longer manage it all on my own. Let this time of distress teach me that I am not meant to carry it alone. Teach me to rely on your strength.

One Our Father
Ten Hail Mary's
Glory Be
Fatima Prayer

Third Sorrowful Mystery
The Crowning with Thorns

The soldiers led Him away to the inner part of the palace, that is, the Praetorium, and they called the whole cohort together. They dressed Him up in purple, twisted some thorns into a crown and

put it on Him. And they began saluting Him, "Hail, King of the Jews!" They struck His head with a reed and spat on Him; and when they finished making fun of Him, they took off the purple and dressed Him in His own clothes. [Mark 15:16-20]

Healing God, I am filled with deep pain and brokenness. Bring my weary sighing back to life with your healing touch. Heal me so that I may be a channel of your compassion to others.

One Our Father
Ten Hail Mary's
Glory Be
Fatima Prayer

Fourth Sorrowful Mystery
The Carrying of the Cross

As they were leading Him away they seized on a man, Simon from Cyrene, who was coming in from the country, and made him shoulder the cross and carry it behind Jesus. Large numbers of people followed Him, and of women, too, who mourned and lamented for Him. But Jesus turned to them and said, "Daughters of Jerusalem, do not weep for me; weep rather for yourselves and for your children." [Luke 23:26-28]

God of comfort, I yearn for the touch of kindness in the harshness of this world. I yearn for a voice of connection in the ache of this loneliness. I yearn for the promised joy of morning in the nighttime of tears. I yearn for you.

One Our Father
Ten Hail Mary's
Glory Be
Fatima Prayer

Fifth Sorrowful Mystery
The Crucifixion

When they reached the place called the Skull, they crucified Him there with the two criminals also, one on the right, the other on the left. Jesus said, "Father, forgive them; they do not know what they are doing." Then they cast lots to share out His clothing. It was now about the sixth hour and, with the sun eclipsed, a darkness came over the whole land until the ninth hour and when Jesus cried out in a loud voice, He said, Father, into Your hands I commit my spirit." With these words He breathed His last. [Luke 23:33-46]

Gentle God, receive my tired spirit. Anoint my weary body. Look upon my valiant efforts to care for others with tenderness and bring them to fruition. I entrust my work, my loved ones, my world to you alone.

One Our Father
10 Hail Mary's
Glory Be
Fatima Prayer

Hail Holy Queen

Concluding Prayer

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Meditations from "Healing Prayers"

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