

NCCW Rosary Meditations
Sorrowful Mysteries
August 13, 2021

As we struggled this past year with the Pandemic, we experienced change, but change can be a blessing and we can find holiness if we open ourselves up as we move forward and continue to live our life as God intended.

Heavenly Father, Bless the National Council of Catholic Women and grant them success in the upcoming 2020-21 National Convention.

Opening Prayer

Heavenly Father, grant that we who meditate on the Passion and Death of your son, Jesus Christ, may imitate in our lives His love and self-giving to you and to others. We ask this through Christ our Lord.

Apostles' Creed
One Our Father
Three Hail Marys
Glory Be

First Sorrowful Mystery
The Agony in the Garden

Most dear Jesus, filled with sorrow and covered with a sweat of blood while praying in the garden and then delivered into the hands of the wicked by a kiss, bound like a robber, and abandoned by your disciples.

Renewer of hearts, surrounded by fear and anxiety, I take refuge in you and be my companion as I walk unfamiliar paths. Speak words of healing and forgiveness as I strive to be faithful.

One Our Father
Ten Hail Marys
Glory Be
Fatima Prayer

Second Sorrowful Mystery
The Scourging at the Pillar

Most dear Jesus, condemned to death by an unjust council, taken as an evildoer before Pilate, ridiculed by the wicked Herod, publicly shorn of your garments and most cruelly scourged.

God our guide, keep me attentive to your voice. Lead me on your paths--passionate and daring. Guide me in your goodness and teach me Your ways.

One Our Father
Ten Hail Marys
Glory Be
Fatima Prayer

Third Sorrowful Mystery
The Crowning with Thorns

Most dear Jesus, crowned with thorns, beaten and blindfolded, clothed in rich purple and mocked. You were likened to the infamous Barabbas, rejected by your people, and unjustly sentenced to death.

God of peace, your voice is powerful and full of majesty, but my heart is fragile right now. Speak to me in the glory of gentle strength and bring to my heart your peace.

One Our Father
Ten Hail Marys
Glory Be
Fatima Prayer

Fourth Sorrowful Mystery
The Carrying of the Cross

Most dear Jesus, burdened with the weight of the cross and led to the place of execution like a lamb to the slaughter, reckoned with the wicked, blasphemed, and derided. You were given a gall to drink to mitigate Your pain.

Awesome God, I take my place in your amazing world. Hold me in you hand with the magnificence of all you have made. How majestic are you, O Lord our God.

One Our Father
Ten Hail Marys
Glory Be
Fatima Prayer

Fifth Sorrowful Mystery
The Crucifixion and Death of Jesus

Most dear Jesus, dying on the cross in the presence of Mary, Your beloved Mother, pierced with a lance that drew water and blood from Your side. You were taken down and placed in the arms of Your Sorrowful Mother.

My Jesus, I thank You for dying on the cross for my sins. Have mercy on us, O Lord.

May God be gracious and bless us. May I live this day in such a way that others are more joyful, more gentle, and more kind because we have shared a moment together.

One Our Father
Ten Hail Marys
Glory Be
Fatima Prayer

Hail Holy Queen

Concluding Prayer

Heavenly Father, help us to be true servants after the example of Your Son. Send forth Your Spirit to give us a genuine spirit of service to others.

Help us to realize that we are called neither to run away from the world nor to be slaves to its laws.

Rather our task is to let ourselves be guided by Your Spirit of love, freedom, and service.

In this way we will be able to build fraternal and praying communities at the very heart of the world.