

NCCW Rosary Meditations
November 13, 2019
World Hunger

Apostles Creed
One Our Father
Three Hail Marys
Glory Be

- 1) **The Resurrection** is new, restored life. We hunger for a change in our lives. Jesus' resurrected body was changed—He walked, talked, and ate as before, but He appeared and disappeared. The disciples on the road to Emmaus didn't recognize Him until He broke bread. Our prayer is that Jesus dwell in us and change our lives in this world to prepare us for the world to come.

One Our Father
10 Hail Marys
Glory Be
Fatima Prayer

- 2) **The Ascension**—we hear the expressions “rise up” or “rise above”. Often these phrases encourage us to strive for better things, to not sink into petty gossip or behaviors. We pray that Jesus will help us to seek the things that are above, asking ourselves what would He say or do, but always remembering to be humble and not look down on people, particularly those who are less fortunate than ourselves.

One Our Father
10 Hail Marys
Glory Be
Fatima Prayer

- 3) **The Descent of the Holy Spirit.** The Holy Spirit was sent to aid the apostles in spreading the Good News. Jesus told them the Paraclete would help them remember His teachings and lead them into the truth. With the Word of God, we ask the Holy Spirit to feed our soul and help us accept the

truth about our desires, our wants vs. our needs, and what God wants for us.

One Our Father
10 Hail Marys
Glory Be
Fatima Prayer

- 4) **The Assumption of Mary.** The Blessed Mother was taken up into Heaven. As we get older we begin to think about Heaven. As the hymn “Gather Us In” says, “We are the young, our lives are a mystery, we are the old who yearn for your face”. In this yearning or hunger for the life to come, let us acknowledge our failures honestly, but keep our hearts and minds focused on being with the Lord and the loved ones who have gone before us. We know we will understand everything fully when we meet Jesus face to face.

One Our Father
10 Hail Marys
Glory Be
Fatima Prayer

- 5) **The Coronation of Mary.** Mary, the sinless Mother was crowned Queen of Heaven and Earth. In his second letter to Timothy, St. Paul wrote, “From now on the crown of righteousness awaits me, which the Lord, the just judge, will award to me on that day, and not only to me, but to all who have longed for His appearance.” Let us pray that we also will receive our crown as a reward for seeking the Kingdom of God first and His righteousness, for our openness to His guidance in our lives, for satisfying our hunger for Him.

One Our Father
10 Hail Marys
Glory Be
Fatima Prayer

As we go forward and give thanks to the Lord, we remember all those who work to satisfy physical hunger: the farmers, the agricultural workers,

those doing research for sustainable crops, those who work in kitchens for the homeless and the hungry, and for those organizations which provide food to the hungry in other lands. May Our Lady of Good Counsel bless and guide us all.

Hail Holy Queen
Concluding Prayer