But who then has the mission of evangelizing? The Second Vatican Council gave a clear reply to this question: it is upon the Church that “there rests, by divine mandate, the duty of going out into the whole world and preaching the gospel to every creature.; And in another text: “...the whole Church is missionary, and the work of evangelization is a basic duty of the People of God.”

My Faith Journey

Your Faith Journey can be the most powerful story you will ever tell. Why? Because it’s your story and you have lived it. First pray and ask the Holy Spirit to guide you. Use this as your road map.

Begin

Reflect on your faith life, your family traditions, people who cared for you and taught you. Were you born into your Catholic faith? Are you a convert? Take some time and recall the Sacraments you have received and what memories you have of receiving them. Were you ever fallen away from the Church. What led you to fall away? What brought you back to the Church?

Your Experience

What parts of your life revolve around your faith. Do your relationships, your reputation, your agenda, money, family traditions revolve around your faith? How has God used these things to deepen your relationship with him? Which of these experiences, if any, caused you to move further from God and which experiences drew you closer to Him?

Your Moment

Do you have a special experience that brought you to a realization of your Catholic faith in your life? Reflect on that experience. Take time to pray about this moment.

Your Life After this Moment

How did your life change after that moment. Did your attitude, your perspective, your connection to the Catholic Church or your connection to other people change? We all still struggle as disciples. Life is far from perfect, but reflect on what’s truly different about your life now.

Write Down Your Faith Journey

Use a format that you are comfortable with; pen and paper, computer, or tablet. Let your words flow and reflect on what you have written. Share this story, as St. Peter tells us, “Always be ready to give an explanation to anyone who asks you for a reason for your hope.” 1 Peter 3:15

The Spirituality Commission of The National Council of Catholic Women, 2022