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Tuesday December 13, 2022 The Sorrowful Mysteries

Opening Reflection:

This evening finds us in the midst of the third week of Advent. As we get closer to the birth of our Savior days get shorter, more is to be done than any list can name. Let us look for the threads of the Reason for the Season as we journey through Advent with hope.

In the Name of the Father, and the Son, and the Holy Spirit, Amen

Apostles' Creed, Our Father, Hail Mary for virtue of Faith, Hope, Charity, Glory Be

The First Sorrowful Mystery: The Agony in the Garden

Fruit of the Mystery: True Contrition

Meditation: During this blessed Advent season we might think of these four weeks as preparation. There are angel trees to set up, gifts to purchase and deliver, meals to prepare and share, cards to write, and homebound to visit. Let us not be overcome with lists. Jesus' preparation was simple: on His knees praying in the Garden of Agony. Let us prayerfully prepare for His coming with hope in our hearts.

Our Father, Hail Mary, Glory Be, Fatima Prayer

The Second Sorrowful Mystery: The Scourging at the Pillar

Fruit of the Mystery: The Virtue of Purity

Meditation: Many of us have experienced the joy of watching young children approach a nativity set. Whether you call it a creche or a manger, there is a sense of peace that children of all ages feel when preparing the Christmas scene. Their innocence can be so inspiring! May we experience purity of faith, like the faith of little children. And may our minds and bodies be kept pure in this season of noise and temptation.

Our Father, Hail Mary, Glory Be, Fatima Prayer

The Third Sorrowful Mystery: The Crowning with Thorns

Fruit of the Mystery: Moral Courage

Meditation: Courage of any kind comes from a deeply held belief in a strong and loving God. Think of the courage that Jesus displayed while being mocked and tortured. The angels could have come to His aid and save Him, but instead they accompanied Him in His sorrow. This Advent, let us beo n the look out for the angels God sends to us to help when our courage is waning.

Our Father, Hail Mary, Glory Be, Fatima Prayer

The Fourth Sorrowful Mystery: The Carrying of the Cross

Fruit of the Mystery: The Virtue of Patience

Meditation: Remember years ago, the Advent calendar was something many of our families used to reduce the impatient nature of anxious children. As adults this calendar reminds us of time flying by. May we take each day and read a portion of St. Luke's Gospel, reflecting on how Mary and Joseph were also counting the days.

Our Father, Hail Mary, Glory Be, Fatima Prayer

The Fifth Sorrowful Mystery: The Crucifixion

Fruit of the Mystery: Perseverance

Meditation: As Joseph and Mary traveled each lonely, bumpy mile to Bethlehem, their task seemed endless and progress seemed slow. Sometimes we have days like that, never getting anywhere or reaching our goal. Goals can change from day to day, but our number one goal is eternal life in heaven, which is way beyond Bethlehem.

Our Father, Hail Mary, Glory Be, Fatima Prayer

Hail Holy Queen Concluding Prayer Prayer to St. Michael the Archangel

In the Name of the Father, and the Son, and the Holy Spirit, Amen.