

# Daily Rosary & First Saturday Devotions

At the 2022 NCCW National Convention, the membership passed a Resolution to “encourage and promote the practices of praying the daily Rosary and the First Saturday Devotion.”

*We resolve that, at this critical time for our Church and our nation, it is vital for NCCW members to pray the daily Rosary and practice the First Saturday Devotion that were requested by Our Lady of Fatima and*

*That NCCW members recognize this urgent need and with pastoral coordination, engage others in these devotions and form cenacles of prayer before Masses, on First Saturdays, or at times of Eucharistic Adoration...*

The First Saturdays Devotion consists of doing the following for 5 consecutive months, without interruption, otherwise you must recommence.

- Going to Confession**
- Receiving the Sacrament of Holy Communion,**
- Saying five decades of the Rosary,**
- Meditating for 15 minutes on the mysteries of the Rosary**
- Say the prayer to the Immaculate Heart of Mary to conclude the devotion.**

Each of these practices must be made with the intention to make *reparation* for the offenses against Our Lady’s Immaculate Heart.

- Blasphemies against the Immaculate Conception
- Blasphemies against her virginity
- Blasphemies against her divine maternity, at the same time the refusal to accept her as the Mother of all women and men
- Instilling indifference, scorn and even hatred towards this Immaculate Mother in the hearts of children
- Direct insults against her sacred images

Because some individuals may have significant difficulties in fulfilling all these practices on a First Saturday, our Lord, in private visions to Sister Lucia, relaxed the rules to make this devotion easier to observe, such as making a good confession within 8 days of the First Saturday and receiving Holy Communion on the Sunday following the First Saturday.

