



PRAYER OF  
ADORATION

Jesus, my Jesus.

What joy I have in bathing in Your Presence.

You are my Light, and Your radiance draws me in so deeply.

Even when I have doubted Your Presence,

You gently led me back to the very

Heart of Love that heals me, that redeemed my soul.

Receiving the most precious gift of Your Eucharistic Body,

I am strengthened, I am inspired, and I can better see

all that You have done for me.

I am in awe of your abundant, inexhaustible Love

which is the source of every good thing.

Thank You for loving me so much that You choose to remain here  
in every tabernacle around the world.

May I grow in love of You by spending more time in  
Your Presence.

As I breathe in Your Grace, I can be tempted  
to stay here with You on the altar.

Yet I know You have called me to take this love

– to take You, for You are Love –

into the world that so desperately needs You.

You call me to serve others, to care for them with dignity  
as You have cared for me.

You are my lifeline, Jesus. I am nothing without You.

I love You.

Amen.

